

The Center for Pursuit

Vikas Burugu

UTMB John Sealy School of Medicine

In collaboration with **The Center for Pursuit**, **Burugu** is implementing a gardening initiative for adults with intellectual and/or developmental disabilities (IDD) and autism, designed to encourage agency, promote mindfulness, foster community, and build daily living skills. The project will host biweekly gardening sessions where The Center for Pursuit members will plant produce of their choice, tend to their garden, and harvest for community cooking workshops.